

Train The Trainer



INTRODUCTION

Training is all about motivating and encouraging others and being able to introduce and help implement new ideas.

Good quality training is always appreciated as it brings along knowledge, expertise and ability to build confidence and it is very important that it is done correctly.

It can be challenging as it needs to be inspiring, interesting, enlivening and motivating. But it can be done by keeping it simple, fun, most of all by instilling confidence in the individual and showing faith.

This Course looks at understanding the dynamics between trainer and trainee, and learning how to carry out effective training programmes.